


January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 	2 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Catholic Mass-CG 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:00p.m. Brain Fitness-A&C 2:40p.m. Board Games-Game Room 3:00p.m. Chair Chi-A&C 7:00p.m. Movie Night-CER	3 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook -2ndFlr N 10:00a.m. Balance Training II 10:30a.m. Balance Training I 2:00p.m. Bingo—MPR	4 8:25a.m. Exercise-A&C 9:30p.m. First Friday w/Food Service -DR 9:30a.m. Arthritis Exercise 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	5 3:00p.m. Centenary at The Chateau with communion—MPR Fellowship Following—A&C
6 2:30p.m. Sunday Matinee--CG 2:30p.m. Vesper Service with First Baptist-CG	7 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee -GR 2:00p.m. "It's a Wonderful Life" -CER 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi-A&C	8 8:30a.m. Tai Chi-A&C 9:30a.m. Hot Tea Tuesday-GR 9:30a.m. Arthritis Exercise-A&C 10:00a.m. Balance Training II 10:30a.m. Balance Training I 4:00p.m. Birthday Dinner	9 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:00p.m. Brain Fitness-A&C 2:40p.m. Board Games-Game Room 3:00p.m. Chair Chi-A&C 7:00p.m. Movie Night -CER "Angel Eyes"	10 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook -2ndFlr N 10:00a.m. Balance Training II 10:30a.m. Balance Training I 2:00p.m. Crafts—A&C	11 8:25a.m. Exercise-A&C 9:30a.m. Arthritis Exercise 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	12 3:00p.m. Centenary at The Chateau—MPR
13 2:00p.m. Vesper Service Southern Harmony-with CG 2:30p.m. Sunday Matinee "Grantchester"-CER	14 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee With The Chateau Library-GR 10:00a.m. Book Club-Library 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi-A&C	15 HAT DAY 8:30a.m. Tai Chi-A&C 9:30a.m. Arthritis Exercise-A&C 9:30a.m. Hot Tea Tuesday-GR 10:00a.m. Balance Training II 10:30a.m. Balance Training I	16 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-gr 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:00p.m. Board Games-Game Room 7:00p.m. Movie Night-CER "Open Range"	17 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook -2ndFlr N 10:00a.m. Balance Training II 10:30a.m. Balance Training I 11:30a.m. Piano by Jo Ann Hill- ML 2:00p.m. Gaither Video-CER	18 Popcorn Day 8:25a.m. Exercise-A&C 9:30a.m. Catholic Eucharist-2ndFlr 9:30a.m. Arthritis Exercise 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	19 3:00p.m. Centenary at The Chateau—MPR
20 1:00p.m. Vesper Service with Mark Kiblinger-CG 2:30p.m. Sunday Matinee, "Grantchester"-CER	22 Martin Luther King Jr 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee -GR 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi-A&C	22 8:30a.m. Tai Chi-A&C 9:30a.m. Hot Tea Tuesday-GR 9:30a.m. Arthritis Exercise-A&C 10:00a.m. Balance Training II 10:30a.m. Balance Training I 4:00p.m. Social Hour-ML 6:30 Game Night -ML	23 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:00p.m. Board Games-Game Room 7:00p.m. Movie Night "CER "Fair Game"	24 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook -2ndFlr N 10:00a.m. Balance Training II 10:30a.m. Balance Training I 2:00p.m. "Mini Festival of Nations"-MPR	25 8:25a.m. Exercise-A&C 9:30a.m. Catholic Eucharist-2ndFlr 9:30a.m. Arthritis Exercise 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	26 3:00p.m. Centenary at The Chateau—MPR
27 2:00p.m. Vesper Service with Pastor Karen Dumey-CG 2:30p.m. Sunday Matinee, "Grantchester"-CER	28 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee -GR 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi-A&C	29 8:30a.m. Tai Chi-A&C 9:30a.m. Hot Tea Tuesday-GR 9:30a.m. Arthritis Exercise A&C 10:00a.m. Balance Training II 10:30a.m. Balance Training I 2:00p.m. Gospel Music Video-CER	30 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:00p.m. Board Games-Game Room 7:00p.m. Movie Night -CER "Copy Cat"	31 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook -2ndFlr N 10:00a.m. Balance Training II 10:30a.m. Balance Training I 2:00p.m. Word Games-CER		