


Room Key- A&C-Arts & Crafts  
 MPR- Multipurpose Room  
 ML- Main Lobby

CER – Community Events Room  
 GR – Garden Room  
 TG- Terraces Ground

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> 8:25a.m. Exercise 9:30a.m. First Friday w/Food Service-DR 9:30a.m. Step to the Beat-A&C 9:30a.m. Catholic Eucharist-2 <sup>nd</sup> Flr 10:00a.m. Coffee Cookies& Conversation-PDR 4:00p.m. Social Hour-ML 4:00p.m. First Friday Buffet -GR	<b>2</b> 9:00a.m. Leave for St. Louis-ML 3:00p.m. Centenary at The Chateau with communion-MPR Fellowship following-A&C
<b>3</b> 1:00p.m. Vesper Service with Adelaide Parsons- CG 2:30p.m. Sunday Matinee "Grantchester" Series-CER	<b>4</b> 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee-GR 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi -A&C	<u>Fat Tuesday</u> <b>5</b> 8:30a.m. Tai Chi-A&C 9:30a.m. Step to the Beat-A&C 10:00a.m. Balance Training-A&C 4:00p.m. Mardi Gras Party-DR 7:00p.m. Leave for the River Campus-ML	<u>ASH WEDNESDAY</u> <b>6</b> 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Catholic Mass-GAR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:30p.m. Brain Fitness-A&C 3:00p.m. Chair Chi-A&C 7:00p.m. Movie Night-CER	<b>7</b> 8:30a.m. Tai Chi-A&C 9:30a.m. Men's Coffee-PDR 10:00a.m. Needle Nook-2 <sup>nd</sup> FlrN 10:00a.m. Balance Training-A&C 2:00p.m. Bingo-MPR	<b>8</b> 8:25a.m. Exercise-A&C 9:30a.m. Step to the Beat-A&C 10:00a.m. Coffee Cookies& Conversation-PDR 1:00p.m. Stations of the Cross- AL 4:00p.m. Social Hour-ML	<b>9</b> 3:00p.m. Centenary at The Chateau -MPR
<b>10</b> 2:00p.m. Vesper Service with Southern Harmony-CG 2:30p.m. Sunday Matinee "Grantchester" Series-CER	<b>11</b> 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee by <u>Plant Lady's Corner</u> -GR 10:00 Book Club-Library 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi -A&C	<b>12</b> 8:30a.m. Tai Chi-A&C 9:30a.m. Step to the Beat-A&C 10:00a.m. Balance Training-A&C 4:00p.m. Birthday Dinner-DR 6:30p.m. Entertainment by "Johnathon Len"-ML	<b>13</b> 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:30p.m. Brain Fitness-A&C 3:00p.m. Chair Chi-A&C 7:00p.m. Movie Night-CER	<u>Pi Day</u> <b>14</b> 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook-2 <sup>nd</sup> FlrN 10:00a.m. Balance Training-A&C 12:30p.m. "Guess this Pic"-ML 2:00p.m. Bingo-MPR	<b>15</b> 8:25a.m. Exercise-A&C 9:30a.m. Step to the Beat-A&C 9:30a.m. Catholic Eucharist-2 <sup>nd</sup> Flr 10:00a.m. Coffee Cookies& Conversation-PDR 1:00p.m. Stations of the Cross-AL 4:00p.m. Social Hour-ML	<b>16</b> 3:00p.m. Centenary at The Chateau -MPR
<u>St Patrick's Day</u> <b>17</b> 2:30p.m. Sunday Matinee "Grantchester" Series-CER 2:30p.m. Vesper Service with First General Baptist Church -CG	<b>18</b> 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee with <u>Miracle Ear</u> -GR 2:00p.m. The Hat Lady-MPR 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi -A&C	<b>19</b> 8:30a.m. Tai Chi-A&C 9:30 Step to the Beat-A&C 10:00a.m. Balance Training-A&C 6:30p.m. "Ladies Night at the Men's Club"-ML	<b>20</b> 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:30p.m. Brain Fitness-A&C 3:00p.m. Chair Chi-A&C 7:00p.m. Movie Night-CER	<b>21</b> 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook-2 <sup>nd</sup> Flr N 10:00a.m. Balance Training-A&C 11:30a.m. Piano by Jo Ann Hill-ML	<b>22</b> 8:25a.m. Exercise-A&C 9:30a.m. Step to the Beat-A&C 9:30a.m. Catholic Eucharist-2 <sup>nd</sup> Flr 10:00a.m. Coffee Cookies& Conversation-PDR 1:00p.m. Stations of the Cross-AL 4:00p.m. Social Hour-ML	<b>23</b> 3:00p.m. Centenary at The Chateau -MPR
<b>24</b> 2:30p.m. Sunday Matinee "Grantchester" Series-CER 2:00p.m. Vesper Service with Pastor Karen Dumey -CG	<u>Medal of Honor Day</u> <b>25</b> 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee "Honoring Our Veterans" -GR 2:30p.m. Stretch It Out-A&C 3:00p.m. Chair Chi -A&C	<b>26</b> 8:30a.m. Tai Chi-A&C 9:30a.m. Step to the Beat-A&C 10:00a.m. Balance Training-A&C 6:30p.m. Entertainment by SEMO University Students-ML	<b>27</b> 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:15p.m. Catholic Rosary-TG 2:30p.m. Brain Fitness-A&C 3:00p.m. Chair Chi-A&C 7:00p.m. Movie Night-CER	<b>28</b> 8:30a.m. Tai Chi-A&C 10:00a.m. Needle Nook-2 <sup>nd</sup> FlrN 10:00a.m. Balance Training-A&C 2:00p.m. Bingo- MPR	<b>29</b> 8:25a.m. Exercise-A&C 9:30a.m. Step to the Beat-A&C 9:30a.m. Catholic Eucharist-2 <sup>nd</sup> Flr 10:00a.m. Coffee Cookies& Conversation-PDR 1:00p.m. Stations of the Cross-AL 4:00p.m. Social Hour-ML	<b>30</b> 3:00p.m. Centenary at The Chateau-MPR
<b>31</b> 2:30p.m. Sunday Matinee "Grantchester" Series-CER 2:00p.m. Vesper Service with Dave Schaffner -CG		Birthdays-				