


January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Birthdays:			1 	2 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Needle Nook –ML 10:00a.m. Balance Training –A&C 2:00p.m. Movie Matinee- “Mary Poppins Returns”- CER	3 8:25a.m. Exercise-A&C 9:30p.m. First Friday w/Food Service 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML Foundation Scholarships will be announced	4 3:00p.m. Centenary at The Chateau with communion –MPR Fellowship—A&C
5 1:30p.m. Vesper Service with First Presbyterian-CG 2:30p.m. Sunday Matinee, “Grantchester”-CER	6 8:25- Exercise-A&C 9:30a.m. Monday Morning Coffee “Senior Texting Code”-GR 2:00p.m. Word Games-CER 2:30p.m. Stretch It Out-A&C	7 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Balance Training –A&C 2:00p.m. Crafts –A&C	8 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner w/Laura-GR 10:00a.m. Bible Study-A&C 1:00p.m. Catholic Rosary-TG 2:00p.m. “Change of Habit” -CER 2:30p.m. Brain Fitness-A&C	9 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Needle Nook –ML 10:00a.m. Balance Training –A&C 6:30p.m. Trivia Night-ML	10 8:25a.m. Exercise-A&C 9:30a.m. Catholic Eucharist-2ndFlr 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	11 3:00p.m. Centenary at The Chateau—MPR
12 2:00p.m. Vesper Service with Southern Harmony-CG 2:30p.m. Sunday Matinee, “Grantchester” -CER	13 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee-ML 10:00a.m. Book Club-Library 2:00p.m. Entertainment by Joe & Lori King—ML 2:30p.m. Stretch It Out-A&C 3:15p.m. Word Games –CER	14 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. TOWN HALL Meeting-ML 10:00a.m. Balance Training –A&C 4:00p.m.—6:30p.m. Birthday Dinner-DR 6:30p.m. Entertainment—ML	15 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner w/Katherine -GR 10:00a.m. Bible Study-A&C 1:00p.m. Catholic Rosary-TG 2:00p.m. Strawberry Ice Cream – GR	16 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 9:30a.m. Men’s Coffee—PDR 10:00a.m. Needle Nook –ML 10:00a.m. Balance Training –A&C 2:00p.m. Chef Wars — GR	17 8:25a.m. Exercise-A&C 9:30a.m. Catholic Eucharist-2ndFlr 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	18 3:00p.m. Centenary at The Chateau—MPR
19 1:00p.m. Vesper Service with Mark Kiblinger-CG 2:30p.m. Sunday Matinee, “Grantchester”-CER	20 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee GR 2:00p.m. Word Games –MPR 2:30p.m. Stretch It Out-A&C	21 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Events Committee-MPR 10:00a.m. Balance Training –A&C 2:00p.m. Crafts—A&C	22 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner w/resident recipe-GR 10:00a.m. Bible Study-A&C 1:00p.m. Catholic Rosary-TG 2:00p.m. Movie Matinee- “Virginia River”-CER 2:30p.m. Brain Fitness-A&C	23 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Needle Nook –ML 10:00a.m. Balance Training –A&C 2:00p.m. “Ask Alexa” -MPR	24 8:25a.m. Exercise-A&C 9:30a.m. Catholic Eucharist-2ndFlr 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Meet Your Neighbor Social Hour—ML	25 3:00p.m. Centenary at The Chateau—MPR
26 1:00p.m. Vesper Service with Grace United Methodist-CG 2:30p.m. Sunday Matinee, “Grantchester” -CER	27 8:25a.m. Exercise-A&C 9:30a.m. Monday Morning Coffee -GR 2:00p.m. Word Games –CER 2:30p.m. Stretch It Out-A&C	28 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Balance Training –A&C	29 8:25a.m. Exercise-A&C 9:30a.m. Culinary Corner-GR 10:00a.m. Bible Study-A&C 1:00p.m. Catholic Rosary-TG 2:00p.m. Movie Matinee- “Mutiny on the Bounty” -1962 2:30p.m. Brain Fitness-A&C	30 8:30a.m. Tai Chi-A&C 9:30a.m. Step Class with Weights-A&C 10:00a.m. Needle Nook –ML 10:00a.m. Balance Training –A&C 2:00p.m. Guess That ?	31 8:25a.m. Exercise-A&C 9:30a.m. Catholic Eucharist-2ndFlr 10:00a.m. Coffee, Cookies & Conversation-PDR 4:00p.m. Social Hour-ML	